

NEWSLETTER 3

Bluff Point Primary School

Phone: (08) 9923 6650

Email: bluffpoint.ps@education.wa.edu.au **Address:** PO Box 7166, 18 Mitchell Street, Bluff Point WA 6530

May 9, 2024

Term 2 DATES TO REMEMBER



Mother's Day Sunday 12 May

National Sorry Day Sunday 26 May

Reconciliation Week 27 May - 3 June

WA Day Public Holiday Monday 3 June

AIEO Community Time @ Mitchell St Community Centre Tuesday 11 June

> School Photos Wednesday 12 & Thursday 13 June

School Assembly Friday 14 June, 2:10pm

Freo Dockers Shield Cup Football Carnival Friday 14 June

NAIDOC Week School Celebrations 24 - 28 June



Did you know that Bluff Point Primary School is a Positive Behaviour Support (PBS) School?

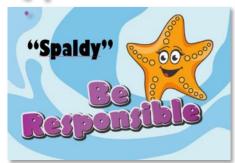
Our School mascot 'Bluffy' promotes our four school values: Be Respectful, Be Responsible, Be Safe, and STRIVE! This year, we are proud to introduce 'Bluffy's friends' who will continue to support and reinforce our students' learning of these important values.

Bluffy's friends have each been named after our school's neighbouring suburbs where many students reside - Spalding, Sunset Beach and Beresford. Spaldy, Berry and Sunny can be seen around the walls of the main quadrangle, joining Bluffy in reinforcing our school values.

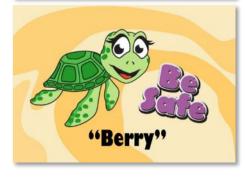
They have also been made into large plush animals for interactions with student within the classroom.

The formation of 'Bluffy's Friends' was a large project involving many of our staff members. Thanks must go to Mrs Hadley for the character designs and artwork, Mrs Jackson for the hours of wall prep, sketching and painting, and for bringing the characters to life with her amazing plush creations! and to Mr Hadley for his winning character names.

And of course to our amazing PBS Committee for their support and guidance. Ms Bellve, Mr Bell, Mrs O'Malley, Mrs Jackson, Mrs Ajaran, Mr Hancock, Ms Hook, Mrs Cooney, Mrs Field and Mrs Grobler - We thank you for the amazing work you do in developing and implementing strategies to strengthen our school and support our students to:







Returning Blaffy
Says...

Returning Blaffy
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SCHOOL HOURS 8.50am - 3.00pm Monday to Friday Strive for the Highest!



Download the **Seesaw** App and follow us on **Facebook** to keep up to date with school information.





Doing your best means to try your hardest at all times. Completing activities independently, finishing all of your own work, participating in groups, playing by the rules and asking questions if you don't understand ~

Administration Notices

Absentees

If your child is absent from school, please contact the school on the day or respond to the MGM message sent to your registered mobile phone number.

Arriving at School

School hours for students are between 8.50am and 3.00pm. It is important for children to arrive at school before 8.40am everyday. This allows them time to get settled and organised, take part in important learning activities and learn about routines and commitment.

Students are not to arrive at school any earlier than 8.15am as staff do not provide duty of care to students until this time. Students who arrive after 8.15am are to wait on the benches outside the office until released to their classrooms at 8.30am.

Family Communication

It is great to see so many families active on our **Seesaw App**. Seesaw connects families with teachers, providing classroom updates and information regarding teaching and learning.

Seesaw is used for:

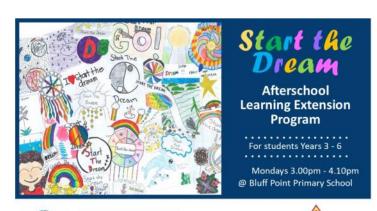
- Parent/teacher communications
- Sharing classroom learning
- Important administration notices

We encourage parents and carers to download Seesaw and connect to their child's account as soon as possible.

The app is free and can be downloaded to your phone or device. You will need a unique QR/login code to connect to your child's class. Please see your child's teacher or phone the office on 9923 6650.



If you missed this weeks' AIEO Community Time at Mitchell Street, our AIEO team will be there again on Tuesday 11 June to continue the conversations about how they can help get the best outcomes for your children at Bluff Point PS. Providing support and information for you and your family MITCHELL ST COMMUNITY CENTRE, 2-3PM TUESDAY 7 MAY TUESDAY 11 JUNE



Start the Dream is our afterschool learning extension program open to students between years 3 and 6.

The program aims to support students improve academic outcomes, whilst also promoting physical, mental, emotional, and social well-being.

If your child would like to take part, please collect an enrolment form from the office.

~ Come along and join in the fun!



It was all love and pampering at this week's **Pre-Primary Mother's Day Morning Tea**. We hope our honoured guests left feeling totally relaxed, super sparkly and immensely special.

Wishing a very Happy Mother's Day to all of the amazing mothers, grandmothers, aunts and mother figures within our Bluff Point Primary School community this Sunday 12 May.





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ANZAC CEREMONY 2024

On the 26th of April, students and staff gathered to remember our ANZACS. It was a lovely service lead by our Year 6 student leaders and faction captains.

Thank you to Mr Terry O'Toole for presenting the ANZAC prayer and sharing your words of sacrifice, determination and respect. Students shared special readings, laid their wreath and raised the flags in respect of the brave men and women who have served and sacrificed so much for us.

Thank you also to two of our School Leaders for honouring our ANZAC's by laying a wreath at this years' ANZAC Commemorative Service at Birdwood House in Geraldton.







Assembly: 22 March 2024

MERIT CERTIFICATES

Room 18 Maher T Munroe R

Room 19 Oscar B Nevaeh D

Room 7 Andre D

Matilda S Room 8 Trevon L

Dzaakir J

Room 11 Sumairah I Tulaya T

Room 14 Armani K Kirsty F

Room 15 Jayda-Leigh D

Ernest D Room 16 Pippa S

Taj R

PP1 Trem N Abigal O





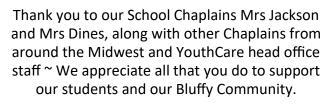




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Thank you to **YouthCare Australia** for a wonderful morning of fun and games and a scrumptious breakfast, with their FREE COFFEE (pancakes, juice & flavoured milk) FRIDAY!



A big Congratulations to Mrs Kylie Rosser, who was awarded the YouthCare 'Wellbeing Award', chosen for her amazing support of our Bluff Point Primary Community ~ Well done!!!!





















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Information for parents -

It is important for children to attend school all day, every day.

When is it OK to not go to school? An OK reason is one that prevents your child from getting to school. This could include:

- your child is unable to attend because they are sick
- attending cultural or religious observances such as sorry time and funerals
- an unavoidable medical appointment
- an unavoidable natural event such as flood waters or a cyclone

The Principal decides if the reason given for your child's absence is acceptable.

It's NOT OK to miss school if your child:

- is celebrating a birthday
- is going on a family holiday
- is visiting family and friends
- · has slept in or had a big weekend
- is looking after other children
- has sport or other recreational activities that have not been approved by the school
- has appointment such as haircuts and minor check ups

If possible, routine medical and other health appointments should be made either before or after school, or during the school holidays.

Do you need to let the school know if your child will be away from school?

Yes, you need to let the school know the reason why your child is going to be, or has been, absent from school as soon as possible. Where possible, please discuss any upcoming absences in advance so we can let you know of important learning or activities your child will miss out on.

This requires a responsible person, usually a parent, to provide a reason for the absence within three school days.

Having information about why your child is missing school helps us plan for their return to school and work out whether we can provide any further help to you.

Why is going to school so important?

- At school, many concepts such as literacy and numeracy are taught in a sequence. Missing school means missing out on learning – which can often make it difficult to catch up later. This is particularly important in the early years when essential foundation skills are being taught.
- Going to school every day helps children learn the important life skill of 'showing up' – at school, at work, to sport and other commitments.
- Research from the Western Australian Telethon Kids Institute shows that every day at school counts towards a student's learning. Students who attend regularly, generally do better at school and in life.



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"Be Respectful"

In Room 18, Bluffy helped us learn about why it is important to show RESPECT on ANZAC Day and during ceremonies.

We show RESPECT by listening to the speaker and remaining quiet during special times (E.g. one minute silence).

We also show RESPECT by remembering what the ANZACs did for our country.





SAER NETWORK AFTERNOON TEA

Thank you to all the parents who came to our first SAER Network Afternoon Tea. It was an afternoon of stories, networking, getting to know each other, and some good laughs.

A big thank you to Amy Seear from In 3 Minds, and Danika Atkinson from Rocky Bay for providing some valuable information.

We will hold a "SAER Afternoon Tea" each term. Now that we have planted the seed, we hope to see the number of parents grow. See you in Term 3 ~

Kind regards, Mrs Rosser





"Attitude is a little thing that makes a big difference." ~ Winston Churchill

"Champions keep playing until they get it right." ~ Billie Jean King
"A problem is a chance for you to do your best." ~ Duke Ellington

This month "Doing your best" is the value being promoted.

It is very much in line with what Bluffy says "STRIVE." When we have a positive growth mindset we recognise we can learn more when we work hard and don't give up when things are difficult.

Someone who is willing to embrace challenges, persist in the face of setbacks, see effort as the path to mastery, learn from people's feedback and is inspired by other people's successes will achieve more success in their lives than those who don't.

It doesn't matter how much skill we have at the moment. If we have a positive growth mindset we can improve.



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Community Notices





Family Information Session

A FREE family info session to any parents, carers or family members supporting young people aged 12 - 25 yrs.

This session will provide valuable information about:

- · Young people's emotional, physical and cognitive development
- · Ways to support them with their overall health and well-being
- · Parenting strategies and information
- · Information about vaping and drug and alcohol use
- · Managing screen use

Light supper provided. Bookings essential. www.ngala.com.au

T: 9921 4477 | E: Midwest.PCWA@ngala.com.au

When: 5.30pm - 7:00 pm Wednesday 15 May 2024 Where: headspace Geraldton, 193 Marine Terrace









Tasty learning for life



Take the stress out of mealtimes

Gain the confidence to cook healthy meals on a budget the family will love

Gain the knowledge, skills, and confidence to guide your children to become confident cooks.

Join us for a 30 minutes discussion on healthy eating, and discover tips to make mealtime stress free. Then, step in the kitchen to cook delicious recipes and share the meal together.

Why nom!

- Healthy eating for the whole family
 How to teach children to eat and make mealtimes less stressful
- » Meet other parents
- » Free recipe book with delicious recipes to be given on the day

Thursday: 16th May 3:30-5:30 PM

Ngala Training room. 24 - 28 Gregory Street

Register

Booking essential. Please contact Parenting Connection Midwest on 9921 4477 or email midwest.PCWA@ngala.com.au

FREE

Thanks to City of Greater Geraldton and





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The Bluff Point Dental Therapy Clinic will be closed from Monday 13th May to Friday 7th June, reopening on Monday 10th June. In the case of Emergency, please contact the following Dental Therapy Clinics:

Allendale - 99214218 (open Monday and Tuesdays)

Rangeway - 99214373 (open Wed, Thurs, Fri)



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Understanding Neuroception & The Human Response to Trauma

Workshop Content

Neurobiology of attachment & how trauma disrupts attachment Different aspects of trauma

Viewing behaviours through a 'trauma lens'
Trauma triggers and how trauma continues to 'live in the body'.

Trauma triggers and how trauma continues to 'live in the body The impact of trauma on brain development & memory.

The importance of safe environments & relationships.

Trauma in the context of ADHD and Autism

Understanding interoception, neuroception and how these can be impacted by trauma.

Contextualising trauma-based behaviours

Strategies to help support children who have experienced trauma

GERALDTON WORKSHOP - Friday the 17th of May 2024 Bookings essential!

www.in3minds.com.au/understanding-trauma 9am - 3pm, Venue – TBC Cost - \$300

(NDIS may be available to fund the training. Please discuss with

FOSTER YOUR









TACKLING THE WORRY MONSTER

Understanding Childhood Anxiety

This session explores anxiety & what is happening in the brain & the body. Participants will gain an understanding of anxiety, behaviours, & practical ways & strategies to support.

Suitable for parents, carers, educators or for anyone that works with children or young people.

VENUE - KIDS HUB NATURESCAPE, 470 CHAPMAN ROAD GERALDTON

Tickets available via website - www.fosteryourmind.com.au/workshops

Enquiries - kate@fosteryourmind.com.au Phone - 0407 024 051

PRESENTED BY:

KATE FOSTER - COUNSELLOR

Date - Monday, 20th of May Time - 6:15pm -7:45pm Cost - \$36.50